

# Resources to Support You

## 1-1 Executive Leadership Coaching

We can help you set up communication practices with your directs that help things run more smoothly. We can help you redesign your work environments and your business. We can work with you on video over a week, 3 months or 6 months; we will flex with you. Learn more about [leadership coaching](#).

## Group Learning on Videoconferencing (VC)

### Morale Boosters

Morale boosters that can prevent isolation and relieve anxiety:

- Quick one-hour VC booster: Happy to work with you and your managers on a variety of topics: OVER-communicate effectively, establish boundaries for WFH, best practices to deal with family obligations and sick team members.
- 2-hour VC boosters: Happy to facilitate mini-workshops for you that will build your team up and bring them together.
  - **StrengthsFinder**: We love the positivity of the *StrengthsFinder* tool, and in 2 hours, your team can learn to leverage each other to get more done, get to know each other better, and support each other.
  - **In-the-Moment Coaching**: How do you and your directs continue to give regular feedback and problem-solve when you're not seeing each other in the hallway? In 2 hours, learn how you can coach on-the-spot and teach others to do that as well.
  - **Influence + Impact in the NEW NORMAL**: Given our collective new reality, how do you influence others to take into account that: 1) people are in different stages of overwhelm, which calls for strong empathy skills, and 2) your job now may be more about helping your colleagues or customers rethink priorities and generate completely new ideas.

### Strategy and Redesign

- Have you already planned a **Strategy Offsite**? Or need to plan one to re-think your 2020 plans? Happy to help you facilitate this on Zoom.
- Want to get ahead of the curve on **redesigning** organizational priorities, business practices, or products? We can support you using a **Design Thinking** approach and successfully facilitate group brainstorming sessions on Zoom. You can, in turn, use these techniques with your customers.

### Additional Content

Need content to send to your colleagues?

- Please visit our **blog** for the latest posts on Leading in the New Normal...
- Join **WiseTalk**: A free one-hour monthly teleconference with leadership experts; our theme for 2020 is "De-stressing in a Complex World"
- Follow us on Twitter: [@MariposaLeader](#) [@SueBethanis](#)

For 24 years, Mariposa has been offering leadership coaching to tech leaders in both 1-1 and group formats. For the last three years, we have been perfecting our videoconferencing (VC) skills and have been using this format regularly with execs and teams. Happy to offer you VC meetings now.

Please connect if you'd like to chat:

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