# One-on-One Executive Leadership Coaching

## Audience

C-level executives, vice presidents, and directors

# **Objective**

Sharpen your leadership skills and gain new insights to apply to your team, organization, and ever-changing systems

<sup>&</sup>quot;Mariposa provides first-class coaching. Thanks to the coaching approach, I can say that I'm more effective as a leader, have developed multiple leadership approaches in getting things done, and have grown significantly. I'm very grateful for the wisdom, insight, and for being pushed out of my comfort zone."—Chief Information Officer

## **Description**

Individual executive leadership coaching services provide personal learning, support and advice. Our well-honed coaching approach ensures your time is spent effectively:

- 1. Match—We present the right coach for you based on needs, experience, style, and pace.
- 2. **Assess**—We use an interview-based 360 feedback process along with self-reflection tools to help you get crystal clear about your strengths and ways to be even more effective. Together we define and document clear leadership development objectives.
- 3. Coach—We meet with you in person (or on video) bi-weekly for one hour of confidential, compelling, and action-oriented conversations. We curate relevant materials to your learning style. Every conversation ends with leadership strategies, mindsets, tools, skills, and practices for you to apply to your current issues.
- 4. **Evaluate**—We collaborate with you to create progress reports describing your successes against the original goals and next steps.

## Outcomes

- Sharpen existing leadership skills and develop new ones. Focus on traits like empathy,
  decisiveness, creativity, clarity, and inspiring hope and possibility. And skills like strategic
  and innovative thinking, influence, coaching, and work-life balance. The shifting of these
  traits and skills will result in higher team productivity, a more engaged culture, as well as
  less overall stress.
- Develop new ways to pivot, plan, and perform in times of uncertainty and disruption.
- Address long-range strategic issues related to your organization, team, and your career.
- Maximize time and stay focused with a series of "quick hit" coaching sessions.
- · See immediate results by practicing your new skills on current and relevant issues.

## Leading-edge Resources

- Reference Guide—a 40-page booklet with numerous leadership resources and tools
- Leadership Chronicle of a Corporate Sage—book by Mariposa's CEO, Sue Bethanis
- WiseTalk—one hour monthly teleconference with leadership experts
- Mariposa Newsletter—monthly leadership resources
- mariposaleadership.com—with Executive Guides, WiseTalk archives and a Blog with insights on the latest and most relevant leadership issues
- Dedicated researcher for customized needs, including vast amount of resources on pivoting during times of uncertainty

# One-on-One Executive Leadership Coaching Schedule

